FLOWER, STEM, ROOT, SOIL

Outward Behavior (Flower)
Yelling
Silent treatment
Eating
"Churching"

Attitude (Stem)
Anger
Anxiety
Loneliness
Sadness
Happiness

Thoughts (Roots)
"I shouldn't have to repeat myself"
"My children should just obey"
"This man has no business being my boss"
"Why can't this just be easy?"
"My hard work got me this promotion"

Beliefs (Soil)
God isn't so good to give me disobedient children
God isn't wise in promoting this man to my boss
God doesn't see my suffering
God is not sovereign over my talents, work, or status in life